

Goal Worksheet

Purpose Statement

What is the reason that you are here on earth? What do you think you are supposed to accomplish while you are here?

Financial Goals

What are three key areas I need to address to improve my financial standing?

What is one habit I need to create or break that will make me more successful in this area of my life?

What are some tasks to do every paycheck, month, or quarter that will improve those three key areas?

Fitness/Health/Diet

What are three key areas I need to address to improve my fitness level or health?

What is one habit I need to create or break that will make me more successful in this area of my life?

What are some tasks to do every day, week, or month to improve those three key areas?

Family/Spiritual/Emotional/Mental

What are three key areas I need to address to improve my family, spiritual, emotional, or mental well-being?

What is one habit I need to create or break that will make me more successful in this area of my life?

What are some tasks to do every day, week, or month to improve those three key areas?

Community Mission Statements

What community service roles do you fill? Create a mission statement for every organization you serve. Your mission statement will include your role, the tasks you want to accomplish, and your plan for accomplishing it.

Volunteer Role/Organization #1 _____

Volunteer Role/Organization #2 _____

Volunteer Role/Organization #3 _____

Professional

What are three key areas I need to address to improve my business practices or my professional future?

What is one habit I need to create or break that will make me more successful in business?

What is one skill I need to learn that will make me more successful in business?

What is one professional service or type of employee I need to hire to be more successful?

What are some tasks to do every paycheck, month, or quarter that will improve those three key areas?

Request a digital copy of the Microsoft Word document by using the contact information below.
For more inspiration, go to <http://www.soarhigher.com/KickButtGoals.htm>



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